

Physical Education

Year group: 2

Term: Summer 1

Prior knowledge

Pupils will have prior knowledge sending and receiving skills, applying and developing understanding of where we send a ball and why.

National Curriculum Objectives

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending



Topic overview

Ball Skills – Hands 2 and Feet 1



The unit of work will challenge pupils to apply their understanding of underarm and overarm throwing to beat their opponents and knowledge of dribbling effectively. Pupils will further extend their understanding of why we need to be accurate when we throw and kick a ball.

By the end of this unit, I will be able to:

Doing - Pupils will be able to throw accurately underarm and execute a developing understanding of overarm throwing, in order to beat an opponent. They will be able to dribble the ball keeping control and moving into spaces. Pupils will develop their ability to pass the ball accurately.

Thinking - Pupils will demonstrate developing concentration skills as they focus on the target, their partner and the ball. They will develop an understanding of the consequences in a game when mistakes are made.

Team Work - Pupils will develop life skills such as communication and empathy as they listen to their partner and team members, working collaboratively together.

Wellbeing - Pupils will apply life skills such as self-belief and integrity as they strive to improve their own performance, always keeping the score and playing fairly.

Key vocabulary

- Underarm throw
- Overarm throw
- Dribbling
- Ball control
- Technique